

## School-Based Health Center at Wilmington Campus (CSW/CAB) Community Resource List

**Emergency:** Police/Fire/Ambulance **911**

### Hot Lines:

Adult Mobile Crisis.....1-800-652-2929  
 AIDS Delaware - [www.aidsdelaware.org](http://www.aidsdelaware.org).....302-652-6776  
 Child Mental Health Crisis Line .....1-800-969-HELP (4357)  
 Child Abuse Hotline .....1-800-292-9582  
 DE Attorney General’s School Crime & Bullying Hotline .....1-800-220-5414  
 Delaware Helpline - [www.delaware211.org](http://www.delaware211.org) .....211 or 1-800-464-4357  
 Domestic Violence Hotline (Child, Inc.) .....302-762-6110  
 LGBTQ Youth Crisis Line.....1-866-488-7386  
 National Domestic Violence Hotline - [www.thehotline.org](http://www.thehotline.org) .....1-800-799-SAFE (7233)  
 National Runaway Safeline .....1-800-RUN-AWAY (786-2929)  
 National Teen Dating Abuse Hotline - [www.loveisrespect.org](http://www.loveisrespect.org) .....1-866-331-9474  
 National Sexual Assault Hotline – [www.rainn.org](http://www.rainn.org).....1-800-656-HOPE (4673)  
 Peer-to-Peer Helpline - [www.delteenspace.org](http://www.delteenspace.org).....1-855-517-1500  
 Rape Crisis (Contact Lifeline) - [www.contactlifeline.org](http://www.contactlifeline.org) .....302-761-9100  
 Runaway Youth Hotline (Child, Inc.).....302-762-6373  
 Suicide Prevention Lifeline .....1-800-273-TALK (8255)

### Behavioral Health Hospitals:

MeadowWood Behavioral Health System - [www.meadowwoodhospital.com](http://www.meadowwoodhospital.com) .....328-3330  
 Rockford Center - [www.rockfordcenter.com](http://www.rockfordcenter.com) .....996-5480  
 Wilmington Hospital CAPES Unit.....428-2118

### Counseling Services:

Connections Community Support Programs - [www.connectionsccsp.org](http://www.connectionsccsp.org) .....1-866-477-5345  
 Jewish Family Services of Delaware - [www.jfsdelaware.org](http://www.jfsdelaware.org) .....478-9411  
 Latin American Community Center - [www.thelatincenter.org](http://www.thelatincenter.org) .....655-7338  
 SOAR (Survivors of Abuse in Recovery) - [www.soarinc.com](http://www.soarinc.com) .....655-3953  
 Supporting KIDDS (grief counseling) - [www.supportingkidds.org](http://www.supportingkidds.org) .....235-5544

### Wilmington Area:

Allied Behavioral Health - [www.alliedbehavioralhealthde.com](http://www.alliedbehavioralhealthde.com).....832-1282  
 Associates in Health Psychology - [www.healthymindsdelaware.com](http://www.healthymindsdelaware.com) .....428-0205  
 Behavioral Health Associates - [www.behavioralhealthassociatesde.com](http://www.behavioralhealthassociatesde.com) .....661-2790  
 Broudy & Associates - [www.broudyassoc.com](http://www.broudyassoc.com) .....655-7110  
 Delaware Family Center - [www.delawarefamilycenter.com](http://www.delawarefamilycenter.com).....995-9600  
 Delaware Guidance Services - [www.delawareguidance.org](http://www.delawareguidance.org) .....652-3948

### Newark Area:

Associates in Health Psychology - [www.healthymindsdelaware.com](http://www.healthymindsdelaware.com) .....428-0205  
 Center for Mental Wellness - [www.acfmw.com](http://www.acfmw.com).....266-6200  
 Child, Inc. - [www.childinc.com](http://www.childinc.com) .....762-8989  
 Children & Families First - [www.cffde.org](http://www.cffde.org).....658-5177  
 Delaware Guidance Services - [www.delawareguidance.org](http://www.delawareguidance.org) .....455-9333  
 Mid-Atlantic Behavioral Health - [www.midatlanticbh.com](http://www.midatlanticbh.com) .....224-1400

### Kirkwood Highway Area:

Catholic Charities - [www.cdow.org](http://www.cdow.org) .....655-9624  
 Christiana Counseling - [www.christianacounseling.com](http://www.christianacounseling.com).....995-1680  
 Harmonious Minds - [www.harmoniousmind.com](http://www.harmoniousmind.com) .....633-6001  
 Lifespan Counseling at the Kids’ Couch - [www.delifespancounseling.com](http://www.delifespancounseling.com).....633 0301  
 Tranquility Counseling - [www.tranquilitycounselinginc.com](http://www.tranquilitycounselinginc.com) .....636-0700

**LGBTQ Resources:**

GLBT National Help Center ..... 1-888-THE-GLNH (843-4564)  
 It Gets Better Project - [www.itgetsbetter.org](http://www.itgetsbetter.org)  
 PFLAG (Parents, Families and Friends of Lesbians and Gays) - [www.pflagwilmde.org](http://www.pflagwilmde.org)...654-2995  
 The Trevor Project - [www.thetrevorproject.org](http://www.thetrevorproject.org) ..... 1-866-488-7386  
 Youth Talk Line - [www.youthtalkline.org](http://www.youthtalkline.org) ..... 1-800-246-PRIDE (1-800-246-7743)

**Reproductive Health Services:**

ARC- [www.cffde.org/services/supportingteens/arc.aspx](http://www.cffde.org/services/supportingteens/arc.aspx) ..... 1-800-924-6977  
 Planned Parenthood- <http://www.plannedparenthood.org/delaware>..... 731-7801 (Newark) / 655-7293 (Wilm.)

**Substance Abuse Counseling:**

Al-Anon / Al-A-Teen..... 1-866-460-4070  
 Alcoholics Anonymous ..... 302-655-5113  
 Aquila..... 302-999-1106  
 Brandywine Counseling (18 and older) ..... 302-656-2348  
 Crossroads of Delaware ..... 302-652-1405  
 Narcotics Anonymous..... 1-800-317-3222  
 Open Door - [opendoorinc.holcomb-bhs.org](http://opendoorinc.holcomb-bhs.org)..... 302-731-1504  
 PACE (18 and older) - [www.paceinonline.com](http://www.paceinonline.com) ..... 302-999-9812  
 SODAT- [www.sodatdelaware.com](http://www.sodatdelaware.com) ..... 302-656-4044

**Websites:**

Depression/Suicide Prevention:

[www.delteenspace.org](http://www.delteenspace.org)  
[www.getrightsideup.org](http://www.getrightsideup.org)  
[www.twloha.com](http://www.twloha.com)  
[www.erikaslighthouse.org](http://www.erikaslighthouse.org)  
[www.copecaredeal.org](http://www.copecaredeal.org)

Healthy Lifestyles:

[www.advocatesforyouth.org](http://www.advocatesforyouth.org)  
[www.girlshealth.gov](http://www.girlshealth.gov)  
[www.teenshealth.org](http://www.teenshealth.org)

Healthy Relationships:

[www.loveisrespect.org](http://www.loveisrespect.org)  
[www.realrelationshipsde.org](http://www.realrelationshipsde.org)  
[www.safeandrespectful.org](http://www.safeandrespectful.org)  
[www.thatnotcool.com](http://www.thatnotcool.com)

Smoking Cessation:

[www.de.quitnet.com](http://www.de.quitnet.com)  
[www.lung.org](http://www.lung.org)  
[www.ysmoke.org](http://www.ysmoke.org)